



Miami Police Athletic League, Inc. 2010 H.A.P.P.Y. Program

Schedule of Events

DATE	TIME	TOPIC	LOCATION
HEALTH & WELLNESS COMPONENT			
Wednesday March 24, 2010	5:00pm-6:00pm	H.A.P.P.Y. Program Kick – Off	Armbrister Park
Wednesday March 31, 2010	10:30am-12:30pm	Kids and Fitness Program	Armbrister Park
Wednesday April 7, 2010	4:00pm-6:00pm	Healthy Kids in the Kitchen	Armbrister Park
Wednesday April 14, 2010	4:00pm-6:00pm	Diet and Nutrition	Armbrister Park
Wednesday April 21, 2010	4:00pm-6:00pm	Strength and Balance	Armbrister Park
Wednesday April 28, 2010	4:00pm-6:00pm	CPR for Kids	Armbrister Park
SOCIAL CHOICES COMPONENT			
Wednesday May 5, 2010	4:00pm-6:00pm	Conflict Resolution/Peer Pressure	Armbrister Park
Wednesday May 12, 2010	4:00pm-6:00pm	Stress Management	Armbrister Park
Wednesday May 19, 2010	4:00pm-6:00pm	Drugs & Alcohol Abuse	Armbrister Park
Wednesday May 26, 2010	4:00pm-6:00pm	Gangs & Gun Violence	Armbrister Park
Wednesday June 2, 2010	5:30pm-6:30pm	Closing Ceremony & Awards	TBD